

## WOMEN DESTINED FOR GODS' PURPOSE

### PLEASE NOTE THE 1ST SESSION RUNS FROM 1:30 TO 2:45

#1 TIS A GIFT TO BE... PRESENTER-- REV JACKIE SAXON As the Shaker hymn suggests: Tis a gift to be simple, Tis a gift to be free. This will be a fun way to discover and rediscover some of your spiritual gifts and to learn how to discern next steps in your life's journey.

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1 time 1<sup>st</sup> session

#2 BREATHING LIFE INTO THE WORD Presenter-- Kim Salico-Diehl We will explore the story of Esther, work on character analysis, improvisation, and body & vocal technique. The workshop will result in a performance at the Saturday banquet. 1 time 1<sup>st</sup> session

#3 MISSION ENCOUNTER Presenter Chris Marziale Come hear about A.B. Mission work in Costa Rica & Nicaragua . What can you do? 1 time 1<sup>st</sup> session

#4 DESTINED FOR GOOD HEALTH Presenter Sue Budine this workshop takes place in the great pool; in your great bathing suit for some great water aerobics by a certified teacher. Aquatic Arthritis instruction, deep water infusion& lifeguard. Get motivated! 1 time 1<sup>st</sup> session

#5 CHAINS,CHAINS EVERYWHERE Presenter Rev Marlene Steenburg This workshop will present an overview as well as an update on our national women's' project "Break the Chains" Slavery in the 21 century adopted for 2008-2009. If you want to make a profound difference in someone's' life, here is your opportunity. Come and learn how you can help women & children who are victims of human trafficking & prostitution in the U.S. And around the world. Break the chains that bind them. As women united, we can make a difference! 1 time 1<sup>st</sup> session

#6 LIFE IN THE MODERN "FISHBOWL" Presenter Laura Palada **Please note this is a workshop for Pastors wives only.** It will be an informal discussion, support & encouragement. 1 time 1<sup>st</sup> session

### SECOND SESSION 3:00 TO 4:15

#7 TEACH US TO PRAY Presenter Rev Martha Cruz Jesus modeled for us the importance of prayer in a healthy spiritual life. In prayer, we speak to God, and more importantly, listen to what God has to say to us. The scriptures remind us of the need for constant prayer-"without ceasing" Yet, this seemingly simple task doesn't always come easy. Jesus' own disciples needed to learn how, and they turned to him for instruction. What does it mean for us to live prayerful lives as women today? What resources can we use to help us develop a discipline of prayer in our lives? This workshop will examine various styles of prayer, including prayer based on the ancient tradition of the "lectio divino" or "holy reading."

Please bring your Bible, a notebook or paper and pen, and an item that is spiritually meaningful to you (there are no right or wrong items-just let it be important to you!) If you'd like to experience meditating on the floor, you may wish to bring a pillow or a cushion to sit on. 1 time 2<sup>nd</sup> session

#8 "LIFTING OUR VOICES TO GOD" Presenter Anne Barrentine Convention choir- The products of this workshop will be presented during worship Sunday A.M.

1 time 2<sup>nd</sup> session

#9 "PURPOSEFUL GRIEVING" Presenter Lisa Seidel Have you experienced a loss a job, a relationship; a loved one? Come & relate. Lisa is a licensed clinical social worker. 1 time 2<sup>nd</sup> session

#10 EDUCATION: HOW OUR YOUNG CHILDREN LEARN Presenters Irene Ingraham & Sadie Hill

Today, everyone is talking about how our children are not performance well in school and what the schools are not doing! We cannot leave it just to the schools everyone needs to get involved parents, family & guardians are the first and most important teachers in helping to raise an educated child. It takes a whole community to educate a child. This workshop is designed to focus on what we can do to prepare our children, grandchildren or any young child for learning. We will cover the language arts, reading, writing & speaking/listening. A packet of information will be provided. Women of all ages are invited. 1 time 2<sup>nd</sup> session

#11 WHAT YOU DON'T KNOW ABOUT BULGARIA ?! Presenter Chris Marziale Learn all about one of the countries of interest. Our Mission representative from Valley Forge is an Enthusiastic traveler and is ready to teach us. Come listen & ask questions. 1 time 2<sup>nd</sup> session

#12 USING YOUR CREATIVE GIFTS & TALENTS- - Presenters Diane Delooza & Evelyn Emerson

Suggestions for how & where you might put to use all those creative things you do such as knitting, crocheting, quilting, card making, baking and more. BRING WITH YOU AT LEAST ONE 6" CROCHETED OR KNITTED SQUARE. We will work together to create an "afghan of many colors" for the Baptist Fairport Home while we talk and share ideas about using our crafts for mission.

#13 "JOYS FOR THE SEASONED SAINTS" --Presenter Rev. Garth Brokaw What is old age? Who is old? Is there a difference between an old person and an elder? What is the role of elders? Are there advantages to being in the fourth third off life? What changes? Does anything change? Who is in charge of our aging? Is there a difference between being alone and on your own? Who have been elder role models? Do family relationships change? What about friendships? Is your story important? Who knows your story? Do your grandchildren know that you use to park the buggy to "spoon?" And what is spooning? What about faith? Does God command us to retire from faith journey?

Join us as we explore these questions and many more. God has intention for all of us to the last breath. Let's discover together. 1 time 2<sup>nd</sup> session